

CIMAC Virtual Open Championship - 2021-02-07

Time	Area	
10:00 - 10:10	1	01 - Novice FOOTWORK AND BLITZ - 9yrs and under (5)
10:10 - 10:20	1	02 - Novice Kicking Drills - 9yrs and under (7)
10:20 - 10:30	1	03 - Novice Kickboxing combinations - 9yrs and under (6)
10:30 - 10:45	1	04 - Novice Shadow Sparring - 9yrs and under (11)
10:45 - 10:55	1	08 - Advanced Boys Shadow Sparring - 9yrs and under (6)
10:55 - 11:30	1	13 - Advanced Boys FOOTWORK AND BLITZ - 12yrs and under (19)
11:30 - 12:10	1	14 - Advanced Boys Kicking Drills - 12yrs and under (21)
12:10 - 12:45	1	15 - Advanced Boys Kickboxing Combinations - 12yrs and under (19)
12:45 - 13:22	1	16 - Advanced Boys Shadow Sparring - 12yrs and under (19)
13:22 - 13:32	1	17 - Advanced Girls Footwork and blitz - 12yrs and under (8)
13:32 - 13:52	1	18 - Advanced Girls Kicking Drills - 12yrs and under (12)
13:52 - 14:02	1	19 - Advanced Girls Kickboxing Combinations - 12yrs and under (9)
14:02 - 14:17	1	20 - Advanced Girls Shadow Sparring - 12yrs and under (10)
14:17 - 14:47	1	21 - Advanced boys Footwork and blitz 15yrs and under (17)
14:47 - 15:16	1	22 - Advanced boys Kicking Drills 15yrs and under (16)
15:16 - 15:46	1	23 - Advanced boys kickboxing combinations 15yrs and under (16)
15:46 - 16:16	1	24 - Advanced boys shadow sparring 15yrs and under (17)
16:16 - 16:31	1	25 - Advanced girls footwork and blitz 15yrs and under (10)
16:31 - 16:46	1	26 - Advanced girls kicking drills 15yrs and under (10)
16:46 - 17:01	1	27 - Advanced girls kickboxing combinations 15yrs and under (10)
17:01 - 17:11	1	28 - Advanced girls shadow sparring 15yrs and under (8)
17:11 - 17:19	1	34 - Adult women - kicking drills (7)
17:19 - 17:29	1	35 - Adult women - kickboxing combinations (9)
17:29 - 17:44	1	36 - Adult women - shadow sparring (10)